





**LIEPĀJAS RAJONA SPORTA SKOLAS  
TREIŅU GRUPU NODARBĪBU SARAKSTS AIZPUTĒ  
2019. / 2020. m. g. no 14. maija**

| Sporta veids  | Grupa  | Treneris                 | St. Sk. | Pirmdiena   | Nod. vieta | Otrdiena    | Nod. vieta | Trešdiena   | Nod. vieta | Ceturtdiena | Nod. vieta | Piektdiena  | Nod. vieta | Sestdiena | Nod. vieta | Svētdiena | Nod. vieta |
|---------------|--------|--------------------------|---------|-------------|------------|-------------|------------|-------------|------------|-------------|------------|-------------|------------|-----------|------------|-----------|------------|
| Ložu šaušana  | MT-6   | L. Kalniņa               |         |             |            | 15.40-17.00 |            |             |            | 15.40-17.00 |            | 15.40-17.00 |            |           |            |           |            |
|               | SMP-2  | L. Kalniņa               |         |             |            | 14.00-15.20 |            |             |            | 14.00-15.20 |            | 14.00-15.20 |            |           |            |           |            |
|               | SSG    | R. Frīdenbergs           |         | 12.20-13.40 |            |             |            | 12.20-13.40 |            |             |            |             |            |           |            |           |            |
|               | MT-4   | R. Frīdenbergs           |         | 10.00-12.00 |            | 10.00-12.00 |            | 10.00-12.00 |            | 10.00-12.00 |            | 10.00-12.00 |            |           |            |           |            |
|               | MT-5   | R. Frīdenbergs           |         | 14.00-16.00 |            | 12.20-14.20 |            | 14.00-16.00 |            | 12.20-14.20 |            | 12.20-14.20 |            |           |            |           |            |
|               | MT-1   | I. Frīdenberga           |         | 17.00-18.20 |            |             |            |             |            | 17.00-17.40 |            |             |            |           |            |           |            |
|               | MT-2   | I. Frīdenberga           |         |             |            | 17.00-18.20 |            |             |            |             |            | 17.00-18.20 |            |           |            |           |            |
|               | MT-3   | I. Frīdenberga           |         |             |            |             |            | 17.00-18.20 |            | 18.00-19.20 |            |             |            |           |            |           |            |
| Volejbols     | MT-2 m | G. Sedols                |         |             |            | 13.00-14.00 |            |             |            | 13.00-14.00 |            |             |            |           |            |           |            |
|               | MT-2 z | G. Sedols                |         |             |            | 14.20-15.20 |            |             |            | 14.20-15.20 |            |             |            |           |            |           |            |
|               | MT-6   | G. Sedols                |         |             |            | 15.40-17.00 |            |             |            |             |            | 16.00-17.20 |            |           |            |           |            |
|               | SMP-1  | G. Sedols/<br>I. Laškova |         | 16.00-17.40 |            |             |            |             |            | 16.00-17.40 |            |             |            |           |            |           |            |
|               | SSG    | I. Laškova               |         | 13.00-14.00 |            |             |            |             |            | 13.00-14.00 |            |             |            |           |            |           |            |
|               | SMP1 m | I. Laškova               |         | 14.20-15.40 |            |             |            |             |            | 14.20-15.40 |            |             |            |           |            |           |            |
|               | MT-3   | G. Stiere                |         |             |            | 14.00-15.40 |            |             |            |             |            | 12.00-13.40 |            |           |            |           |            |
|               | MT-6 m | G. Stiere                |         |             |            |             |            | 14.00-15.40 |            |             |            | 14.00-15.40 |            |           |            |           |            |
|               | MT-6z  | G. Stiere                |         |             |            | 16.00-17.40 |            |             |            |             |            | 16.00-17.40 |            |           |            |           |            |
| Vieglatlētika | MT-2   | A. Pūpols                |         |             |            | 17.00-17.40 |            |             |            | 17.00-17.40 |            |             |            |           |            |           |            |
|               | MT-4   | A. Pūpols                |         |             |            | 18.00-18.40 |            |             |            | 18.00-18.40 |            |             |            |           |            |           |            |
|               | SMP-3  | M. Pūpola                |         |             |            | 19.00-21.00 |            |             |            | 19.00-21.00 |            |             |            |           |            |           |            |
|               | SSG    | M. Pūpola                |         |             |            | 16.00-16.40 |            |             |            | 16.00-16.40 |            |             |            |           |            |           |            |
|               | MT-2   | G. Ozola                 |         |             |            |             |            |             |            |             |            |             |            |           |            |           |            |
|               | MT-6   | G. Ozola                 |         |             |            |             |            |             |            |             |            |             |            |           |            |           |            |

**LIEPĀJAS RAJONA SPORTA SKOLAS**



**LIEPĀJAS RAJONA SPORTA SKOLAS  
 TRENĪŅU GRUPU NODARBĪBU SARAKSTS VAIŅODĒ  
 2019. / 2020. m. g. no 18. maija**

| Sporta veids    | Grupa        | Treneris            | St. Sk. | Pirmdiena   | Nod. vieta | Otrdiena    | Nod. vieta | Trešdiena   | Nod. vieta | Ceturtdiena | Nod. vieta | Piektdiena  | Nod. vieta | Sestdiena   | Nod. vieta | Svētdiena | Nod. vieta |
|-----------------|--------------|---------------------|---------|-------------|------------|-------------|------------|-------------|------------|-------------|------------|-------------|------------|-------------|------------|-----------|------------|
| <b>Handbols</b> | <b>MT-4</b>  | <b>Z. Mickus</b>    |         | 15:00-16:20 |            |             |            |             |            |             |            |             |            |             |            |           |            |
|                 | <b>SMP-1</b> | <b>Z. Mickus</b>    |         | 16:40-18:00 |            | 15:00-17:00 |            | 16:40-18:00 |            | 15:00-17:00 |            |             |            |             |            |           |            |
|                 | <b>MT- 3</b> | <b>A. Auders</b>    |         |             |            |             |            | 15:00-16:20 |            |             |            |             |            |             |            |           |            |
|                 | <b>SMP-2</b> | <b>A. Auders</b>    |         | 18:20-19:40 |            | 17:30-19:30 |            |             |            | 17:30-18:50 |            | 15:30-17:30 |            |             |            |           |            |
|                 | <b>SSG</b>   | <b>A. Pāvils</b>    |         |             |            |             |            |             |            |             |            |             |            | 12:00-13:20 |            |           |            |
|                 | <b>SMP-3</b> | <b>A. Pāvils</b>    |         | 20:00-21:20 |            | 20:00-21:20 |            | 18:20-19:40 |            |             |            | 18:00-20:00 |            | 13:40-15:00 |            |           |            |
| <b>Futbols</b>  | <b>MT-5</b>  | <b>A. Blumbergs</b> |         |             |            | Attālināti  |            |             |            | Attālināti  |            |             |            | Attālināti  |            |           |            |
|                 | <b>MT-3</b>  | <b>A. Blumbergs</b> |         | 15:00-16:30 |            |             |            | 15:00-16:30 |            |             |            | 15:00-16:30 |            |             |            |           |            |
|                 | <b>MT-2</b>  | <b>A. Blumbergs</b> |         | 17:00-18:15 |            |             |            | 17:00-18:15 |            |             |            | 17:00-18:15 |            |             |            |           |            |